

DISTRICT FIVE SCHOOLS

Nutritional Standards Update
September 22, 2014

Background

- ▣ The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) directed the (USDA) to establish nutrition standards for all foods and beverages sold to students on the school campus during the school day, including foods sold through school fundraisers.
- ▣ On June 28, 2013, the Food and Nutrition Service (FNS) published the “Smart Snacks in School” (Smart Snacks) regulation that balances science-based nutrition standards with practical and flexible solutions to promote healthier eating on campus.

District Procedures

- ▣ (Spring 2014) Maintain communication with Chartwells as nutritional standards discussed and implemented
- ▣ (Summer 2014) Provide information to schools concerning nutritional standards and our implementation of the Smart Snack Standards
- ▣ (September 2014) Report current practices to Board of Trustees
- ▣ (October 2014) Present Policy for Board consideration

Elementary and Intermediate Schools

- ▣ No soft drink or vending machines are available for students
- ▣ Ice cream available in cafeteria meets Smart Snack guidelines
- ▣ School fund raisers selling food not meeting Smart Snacks guidelines have been suspended

Middle Schools

- ▣ No soft drink or vending machines are available for students
- ▣ Ice cream available in cafeteria meets Smart Snack guidelines
- ▣ School fund raisers selling food not meeting Smart Snacks guidelines have been suspended

High Schools

- ▣ Drink machines with diet soda and other non-sugar drinks are available before school, during lunch, and after school.
- ▣ Food vending machines are not available to students
- ▣ School fund raisers selling food not meeting Smart Snacks guidelines have been suspended

Additional Practices

- ▣ ACA: Sarah Long (PE) provides weekly nutritional and fitness tips on morning TV program
- ▣ BHS: Debbie Holcomb's FIGHT program includes strong nutritional component
- ▣ Nutrition is taught as part of the Health/Physical Education curriculum